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# Change Management: Leading Yourself and Others Through Change - Session Two

Session 2: Leading Others Through Change

[Register](#)

Date & Time Oct 22, 2025 12:00 PM - 1:00 PM

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Location This is a virtual event

[Session One takes place on October 15, 2025.](#)

Each session will be presented live via Zoom and will not be recorded. Registration is required to receive log-in details. To attend virtually, you will need to download the Zoom platform. It does not cost anything to [download the software](#) or, if you need help, to [view tutorials](#).

## presented by Dr. Grace Lemmon

In today's dynamic work environment, empathy transcends being merely a soft skill; it is essential for organizational success. This two-part series will delve into the multifaceted nature of empathy and its significant impact on workplace dynamics, equipping participants with valuable insights and practical strategies to harness empathy as a transformative force. By enhancing collaboration and communication, these sessions aim to drive overall workplace success and unlock the full potential of empathy within your organization.

### **Session 2: Leading Others Through Change | Wednesday, October 22, from Noon to 1 p.m. CDT**

Leading change means that you must not only administrate the change itself, but also manage the reactions, emotions, and even resistance to change among those you manage. In this portion of the series, we focus first on how to fortify yourself, as a leader, before stepping into a tumultuous change scenario. With those skills addressed, we will then talk about how to present change to employees using a realistic, compelling vision, and how to cope with pushback to your charge – especially how to not take that pushback personally, but instead constructively. We will also discuss specific strategies that you can use to manage change fatigue among those you manage – and yourself! – as this is a common problem among hard-driving, goal-focused professionals who are commonly exposed to efforts to evolve their work and productivity in the name of challenge.

Additional dates

Additional Dates

- [Sep 25, 2025 11:00AM](#)